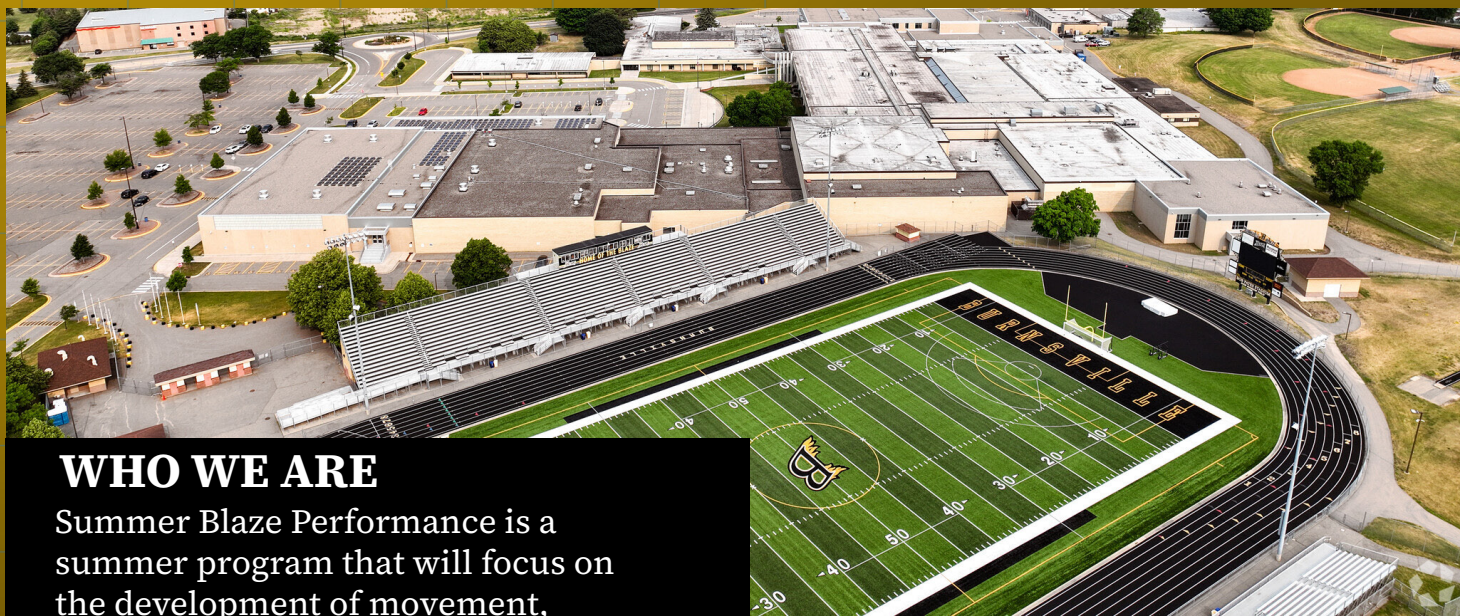




BLAZE PERFORMANCE



WHO WE ARE

Summer Blaze Performance is a summer program that will focus on the development of movement, speed, agility and strength for all athletes. Enhance your athletic performance by preparing for your upcoming season with your teammates at Blaze Performance!

VARIOUS OPPORTUNITIES

We will offer several sessions for your student-athlete. There will be an emphasis on sport specific groups and age groupings to allow for students to train with their teammates. Blaze Performance is appropriate for both student athletes as well as those not in sports, focusing on physical wellness.

WHAT WE DO

We are a sports performance program that focuses on data driven outcomes. We record, rank and publish all data during the summer and school year so our student-athletes see continual growth throughout. From tracking various strength measurements in the weight room to laser-timed interval outcomes of the track or turf, we ensure that our athletes can perform at an elite level. We train Monday-Thursday, with session times to be communicated via email in the Spring. Only \$125 for the summer! Please use the QR Code below to register!

